

Over 25 years of providing patient focused care

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. NOTICE OF PRIVACY PRACTICES PURSUANT TO 45 C.F.R. § 164.520

### 1. Our Duties

We are required by law to maintain the privacy of your Protected Health Information ("Protected Health Information"). We must also provide you with notice of our legal duties and privacy practices with respect to Protected Health Information. We are required to abide by the terms of our Notice of Privacy Practices currently in effect. However, we reserve the right to change our privacy practices in regard to Protected Health Information and make new privacy policies effective for all Protected Health Information that we maintain. We will provide you with a copy of any current privacy policy upon your written request, addressed to our Privacy Officer, at our current address.

## 2. <u>Your Complaints</u>

You may complain to us and to the Secretary of the Department of Health and Human Services if you believe that your privacy rights have been violated. You may file a complaint with us by sending a certified letter addressed to "Privacy Officer" at our current address, stating what Protected Health Information you believe has been used or disclosed improperly. You will not be retaliated against for making a complaint. For further information you may contact our Privacy Officer, Donna Brown, at telephone number (518) 642-9519.

### 3. Description and Examples of Uses and Disclosures of Protected Health Information.

By signing a Consent form regarding the use and disclosure of your Protected Health Information, you agreed that we may use and disclose your Protected Health Information to carry out (i) treatment, (ii) payment, and (iii) health care operations. Here are some examples of our use of your Protected Health Information. In connection with treatment, we will, for example, allow a physical therapist associated with us to use your medical history, symptoms, injuries or diseases to treat your current condition. In connection with payment, we will, for example, send your Protected Health Information to your insurer or to a federal program, such as Medicare, that pays for your treatment. This allows us to obtain payment for the services we rendered on your behalf. In connection with Health Care Operations, we will, for example, allow our auditors, consultants, or attorneys access to your Protected Health Information to determine if we billed you accurately for the services we provided to you.

### 4. Description of Uses and Disclosures We May Make Without Your Consent

Even without your consent, the privacy regulations give us the right to use and disclose your Protected Health Information: (i) if you are an inmate in a correctional institution; (ii) if we have an indirect treatment relationship with you, (iii) if, in an emergency treatment situation, we attempt to obtain consent as soon as reasonably practicable after we delivered such emergency treatment; (iv) if we are required by law to treat you, and we try but are unable to obtain such consent; or (v) if we attempt to obtain consent from an individual who has substantial barriers to communicating, but we determine in our professional judgment, that your consent to receive treatment is clearly inferred from the circumstances. The purposes for which we might use your Protected Health Information would be to carry out treatment, payment, and health care operations similar to those described in Paragraph 1. Page 1 of 2

## 5. Other Uses and Disclosures Require Your Authorization

Uses and disclosures other than those allowing us to carry out treatment, payment, and health care operations, and other than those for which your consent is not required by law, will only be made by obtaining a written authorization from you. You may revoke this authorization in writing at any time, except to the extent that we have taken action in reliance upon your authorization.

## 6. Uses of Protected Health Information to Contact You

We may use your Protected Health Information to contact you regarding appointment reminders or to contact you with information about treatment alternatives or other health-related benefits and services that, in our opinion, may be of interest to you.

### 7. Disclosures of Protected Health Information for Billing Purposes

We may disclose your billing information to any person that calls our billing staff or agents with billing question after we verify the identity of the person by requesting information such as your social security number or health plan number.

## 8. Individual Rights

(i) You may request us to restrict the uses and disclosures of your Protected Health Information, but we do not have to agree to your request. (ii) You have the right to request that we communicate with you regarding your Protected Health Information in a confidential manner or pursuant to an alternative means, such as by a sealed envelope rather than a postcard, or by communicating to a specific phone number, or by sending mail to a specific address. We are required to accommodate all reasonable requests in this regard. (iii) You have the right to request that you be allowed to inspect and copy your Protected Health Information as long as it is kept as a designated record set, and as long as you pay in advance for the administrative time and costs to make arrangements to have the records inspected and copied. Certain records are exempt from inspection and cannot be inspected or copied, so each request will be reviewed in accordance with the standards published in 45 C.F.R. § 164.524. (iv) You have the right to amend your Protected Health Information for as long as the Protected Health Information is maintained in the designated record set. We may deny your request for an amendment if the Protected Health Information was not created by us, or is not part of the designated record set, or would not be available for inspection as described under section 45 C.F.R. § 164.524, or if the Protected Health Information is already accurate and complete without regard to the amendment. (v) You have the right to request, and thereafter receive, an accounting of the disclosures of your Protected Health Information for six years before the date on which you request the accounting. An exception to this accounting are those disclosures not allowed by law pursuant to section 164.528. Each request for an accounting will be reviewed pursuant to the rules of section 164.528. (vi) You also have a right to receive a copy of this Notice upon request.

# 9. <u>Effective Date</u>

The effective date of this Notice is April 14, 2003.

### Name of Provider: Donna P Johnson Physical Therapy PC

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